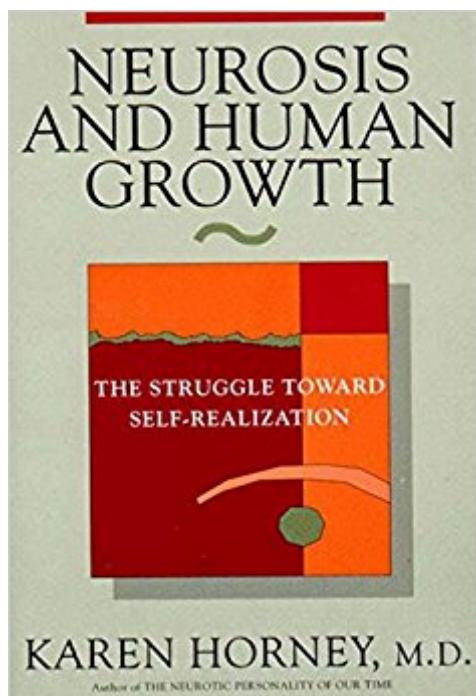


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# Neurosis And Human Growth: The Struggle Towards Self-Realization



## Synopsis

One of the most original psychoanalysts after Freud, Karen Horney pioneered such now familiar concepts as alienation, self-realization, and the idealized image, and she brought to psychoanalysis a new understanding of the importance of culture and environment. Karen Horney was born in Hamburg, Germany, in 1885 and studied at the University of Berlin, receiving her medical degree in 1913. From 1914 to 1918 she studied psychiatry at Berlin-Lankwitz, Germany, and from 1918 to 1932 taught at the Berlin Psychoanalytic Institute. She participated in many international congresses, among them the historic discussion of lay analysis, chaired by Sigmund Freud. Dr. Horney came to the United States in 1932 and for two years was Associate Director of the Psychoanalytic Institute, Chicago. In 1934 she came to New York and was a member of the teaching staff of the New York Psychoanalytic Institute until 1941, when she became one of the founders of the Association for the Advancement of Psychoanalysis and the American Institute for Psychoanalysis. In *Neurosis and Human Growth*, Dr. Horney discusses the neurotic process as a special form of the human development, the antithesis of healthy growth. She unfolds the different stages of this situation, describing neurotic claims, the tyranny or inner dictates and the neurotic's solutions for relieving the tensions of conflict in such emotional attitudes as domination, self-effacement, dependency, or resignation. Throughout, she outlines with penetrating insight the forces that work for and against the person's realization of his or her potentialities. This 40th Anniversary Edition includes a new preface by Stephanie Steinfeld, Ph.D., and Jeffrey Rubin, M.D., of the American Institute for Psychoanalysis.

## Book Information

Paperback: 400 pages

Publisher: W. W. Norton & Company; 2nd edition (May 18, 1991)

Language: English

ISBN-10: 0393307751

ISBN-13: 978-0393307757

Product Dimensions: 5.5 x 0.9 x 8.3 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 47 customer reviews

Best Sellers Rank: #56,352 in Books (See Top 100 in Books) #48 in Books > Medical Books > Psychology > Movements > Behaviorism #62 in Books > Health, Fitness & Dieting > Psychology & Counseling > Psychoanalysis #69 in Books > Science & Math > Behavioral Sciences >

## Customer Reviews

"Neurosis and Human Growth is in my opinion the most important psychoanalytic contribution to our understanding of the human organism since the basic work of Sigmund Freud." --Isidore Portnoy, MD --This text refers to the Audio CD edition.

In Neurosis and Human Growth, Dr. Horney discusses the neurotic process as a special form of human development, the antithesis of healthy growth.

This book has taken me down a path to deep healing, It has helped me to better understand my neurotic pride system and give my true self a chance to grow and flourish. A must read for people serious about real healing and growing ones unique self.

Great product and service.

Writing is to small and making it difficult to read.

great psych book used to write research paper. great insight into the mind as it grows and develops

Good.

...this book is profound. I can see why it isn't often recommended to patients - there is nothing sugar coated or easy about this book. But if you have a copious amount of self honesty, this book is ripe for all kinds of internalization and deep reflection. It is truly a breath of fresh air for those of us tired with the thin veneer of Self Help books.I also have to comment that Karen must have been one heck of a woman in the 40s and 50s to put forth these ideas in a male dominated field. I would have treasured meeting such a mind.As for the reviewer who called it "repetitive" and "pass", I wonder if they would find reading the Bill of Rights the same way... since it was the precursor to so many of our current laws. I prefer to go to the source. But that might seem a waste of time for others.

Thanks!

Karen Horney's book: Neurosis & Human Growth is refreshing in that it isn't riddled with "fluffy" you-can-do-anything-if-you-just-believe-it views. That doesn't mean it's depressing. I find it to be "insightful", And useable. Reading this book, you can see how what she says can happen and play out in real life. And how to more effectively cope. For me, this is one of the more down-to-earth and believable books I've come across. Definitely in my top 5 or 6 Psychology/self-help books.

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